



ASPIRE

Celebrating success 2018-19 July Edition



Head First

My apologies for the weighty tome that is this half-term's Aspire. We seem to have been busy and of course, very photogenic! As I write, our summer production has just shown, we have awarded our summer sports awards and have a range of trips and visits that have taken place. We often say that the summer term is a little quieter (thanks to the completion of Year 11 external examinations), yet despite the fact that we have one year group less we seem to fill the space with more.

It was lovely to wish our Year 11 well for the future at their prom, once again held at Thonham Manor. They looked absolutely fabulous and it was a pleasure to spend time with them. They all look so different out of their uniform!

In the last few weeks of term we look forward to the different trips and visits in Activities Week and Year 10 students undertake their work experience, an important part of their GCSE programme, giving them an insight into life in the workplace. Similarly, our Enterprise Day for Year 9 takes place near the end of term, a day where students work as teams to create a fruit juice, considering all the things one has to do to bring such a product to market.

Finally, at the end of the academic year we say farewell to two members of staff who have given great service to the school. Mrs Coe left us at May half-term for promotion to a senior role leading Mathematics across Norfolk and Suffolk as Director of the Mathematics Hub. Miss Newman leaves us to relocate to Sussex. We thank them both for the children that they have inspired and nurtured and wish them well in their new ventures.

I wish you all a restful summer holiday. I hope that our students and staff find time to balance their health and well-being through time spent with friends and family, positive activities that give them a sense of accomplishment and moments where they are simply lost in the flow of enjoyment.

Julia Upton



Reduce, Re-use, Rethink, Recycle, Repair and Refuse



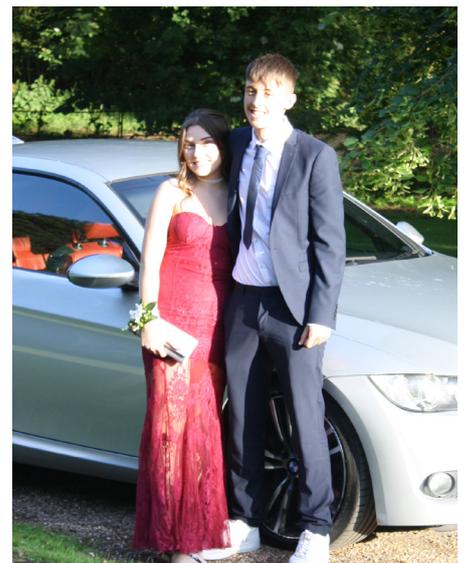
RECYCLE!

Help to save our planet by recycling rubbish. Keep the environment clean and healthy for future generations of humans and animals. It's not difficult and it's selfish not to.

DHS Green Team

Image by Stephanie Bungard, Year 9

Year 11 Prom



Year 11 Prom

In the beautiful surrounds of Thornham Manor, we celebrated the passage of our Year 11. A super year group, who we wish all the best and will very much miss. See you on results day!



Camel Race Night

Well, what an vibrant and fun-packed night! Thanks to The Friends of Debenham High School for organising this fund-raising event. I am not sure that anyone knew what to expect, but it was a great night for all the family. The event raised over £1,000, which will be used to purchase furniture and equipment for the front playground, as we develop that area as a social space for students.



Cambridge Biology Day

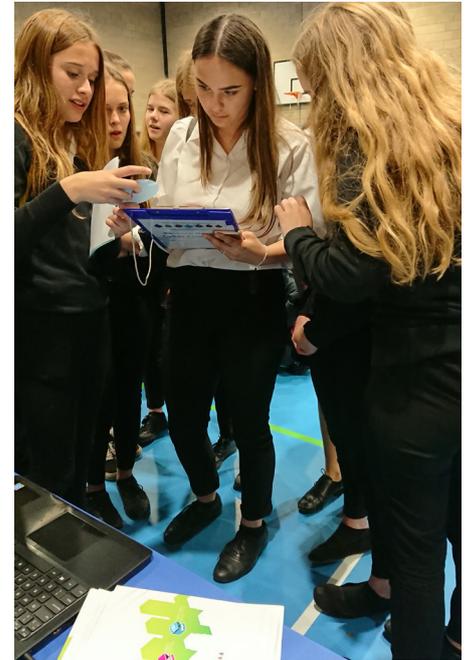
On Monday 17 June a group of ten Year 9 girls went on a study visit to Cambridge University. We started the day at St Catharine's College with a talk about life at University. We then headed to the laboratories where the students used modern molecular biology techniques to extract their own DNA from their cheek cells. Whilst the DNA was being amplified we were given a tour of St Catharine's College by current first year students and ate our lunch with them in the dining hall. After lunch we went back the labs and analysed our DNA using gel electrophoresis to ascertain if our DNA contained an 'Alu-insertion' on chromosome 8. It was a very enjoyable and informative day and hopefully has given the participants more to think about in terms of higher education.



Women in Engineering



We went on a trip to learn about different careers in engineering. We listened to multiple women who have worked hard and work in engineering, such as people from Aveva and Scottish Power Renewables. We learnt about their experiences and how they have got to where they are today. We also walked around and spoke to different companies about the different opportunities for women in engineering and what skills are useful to work in these fields. The whole day has shown me how there are so many different opportunities in the engineering industry for women and has made me think about/ opened me up to the idea of a possible future career in engineering
Maddy Kelly, Year 10



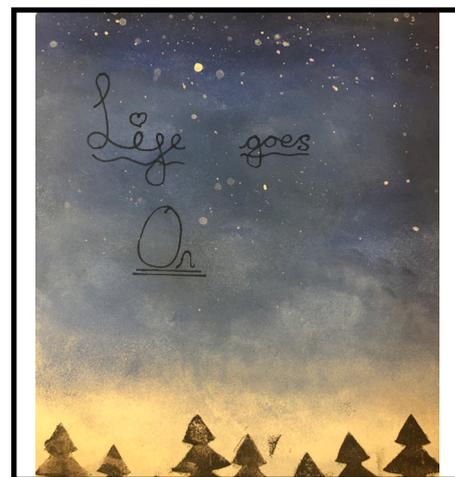
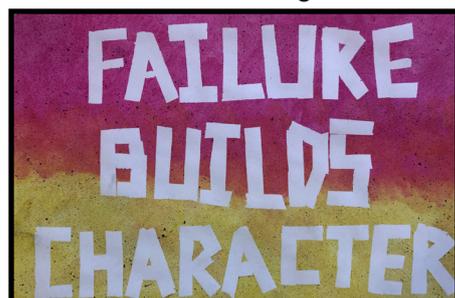
Norwich University of the Arts

The Year 10 Art and Textiles students visited the NUA Degree Show in Norwich. Students looked at the work of the graduating students from a variety of courses including Textile Design, Fashion, Games Design, Animation, Graphic Design and Illustration. Outreach Officer Thom Rollett provided the students with an introduction to the University and the courses before inviting them to look round the show. The students came away really inspired by all the possibilities and opportunities they had seen.



Key Stage 3 Art

Key stage 3 Art students have been working hard on their projects. Year 7 students have continued to create their own imaginary landscapes. For homework, some students have produced travel guides, showing lots of imagination. Final pieces have been skillful and creative. Year 8 students have been using their print-making skills to create images inspired by the Japanese culture and Japanese artists including Hokusai, Kusama and Murakami. Their three-colour reduction lino prints are superb! Year 9 students have been looking at lettering and text artists. As well as creating alphabets for homework, students have been designing slogans and words in a wide range of media. Great work!



Embroider a selfie

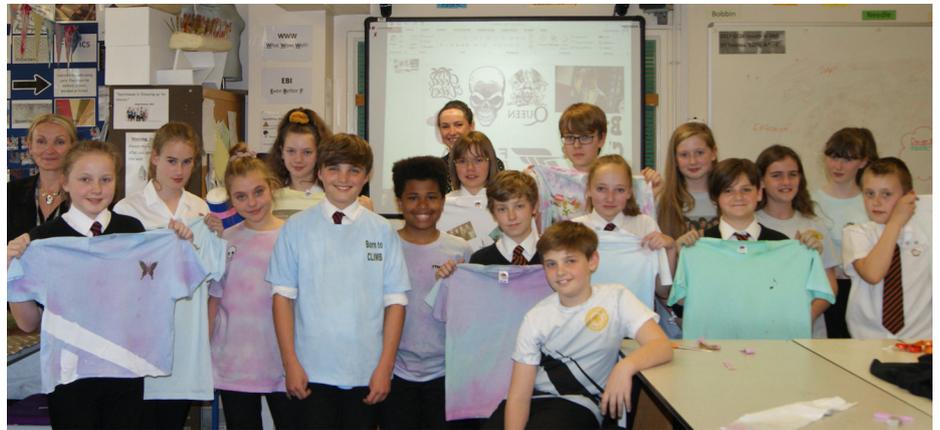
The Royal School of Needlework accepted our application to take part in their 'Embroider a selfie' project. The initiative encourages us to part with our phones for a while and embroider and create instead. We are very grateful to this prestigious centre of excellence in embroidered textiles for their donations of yarns, scissors, fabrics, needles, books and a tote bag for each of our GCSE Textiles cohort. Can you guess who from year 10 hand-embroidered this fantastic selfie?

Answer: Joe Bradshaw



Year 7 Textiles

This year proved difficult choosing gifted and talented Year 7s; there are so many. The lucky 16 spent the day in the Textiles room. Pupils started the day with a plain white t-shirt which they transformed using dyes, transfer printing, fabric paints and cut work. The outcomes, which they took home, were fabulous. We had a wonderful day and I am extremely proud of their hard work and enthusiasm.



The Green Team

The Green Team was made when concerns were raised at a Student Council meeting about how eco friendly the school is. Nominations were made and a Team were selected to lead on environmental issues in the school. With a team of over 20, these were sub divided into four smaller project groups so that we could tackle more than one thing at a time. It was split into a group on Waste Reduction, led by Charly Shore; Recycling in school led by Eva Mills; Reuse led by Sophie Malster and a general review of our environment led by Madoc Karthouse and Charlie Wolton-Hughes. We plan on doing everything we can to make the school greener.

Report by Sophie Malster, Year 10



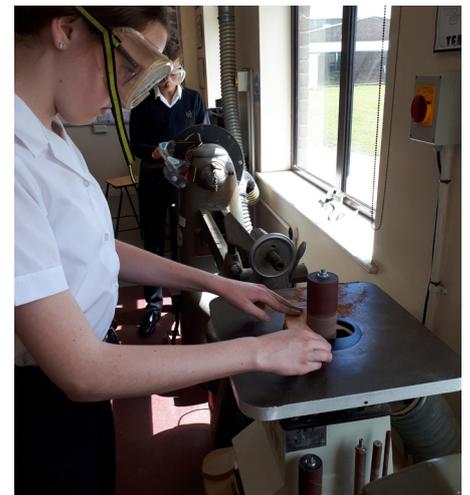
World Challenge: Tanzania 2020

15 Tanzania 2020 students braved the heat on Sunday 23 July and walked 20 miles of the Orwell walk. They were raising money for their expedition and testing their fitness for the trekking phase of the expedition. I must say that we were incredibly impressed with their attitudes and their fitness levels. Spirits were high, the playlist was eclectic and the views were superb. The ice cream van at mile 17 was much appreciated and most of the group finished the walk with a sprint finish! Seven hours well spent. Good luck with summer jobs and fund raising activities to all Tanzania World Challenge students.



Year 8 Design Technology

A huge well done to our Year 8 Gifted and Talented Design Technology students who had an amazing day painting plates and then making pizza cutters with a casing, which of course we had to then test in the afternoon! Students involved were Charlie Denny, Aidan Fleet, Theo Ward, Caleb Reeve, Adam Turner, Tirian Axtell, Harrison Berkley, James Foreman, Lucy Clarke, Millie Redstall, Amelia Bendall, Jessie Hall, Phoebe Clark, Elouise Flack.



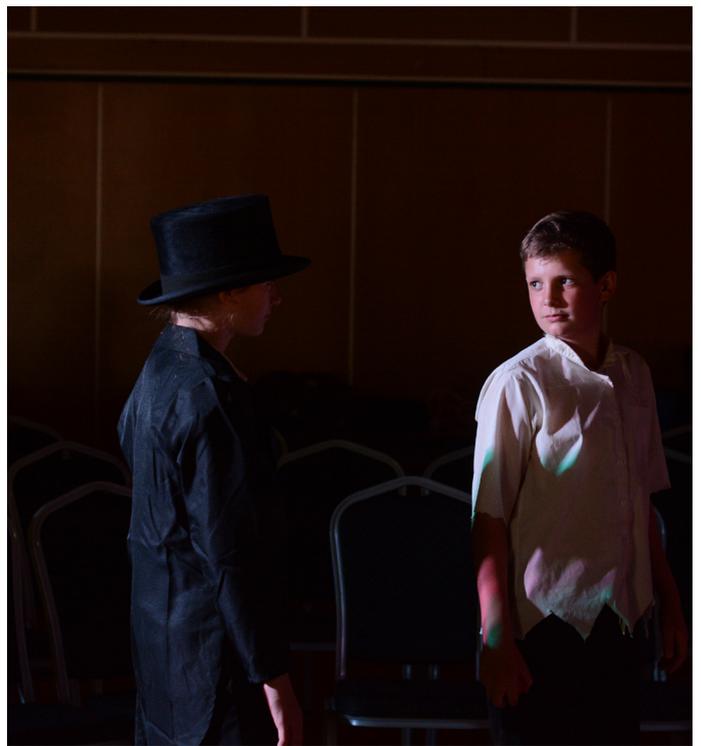
Oliver!



Our Lower School summer production of *Oliver!* was a tour de force. Those attending on Friday evening enjoyed the informal atmosphere and picnics for the musical performances, whilst sadly on Saturday though the weather moved us indoors the performances were equally as impressive. This was followed by the show. With the cast entirely made up of Year 7, 8 and a few Year 9 students, we saw what depth in talent we have within the school and look forward to seeing these students some more as they progress through the school.



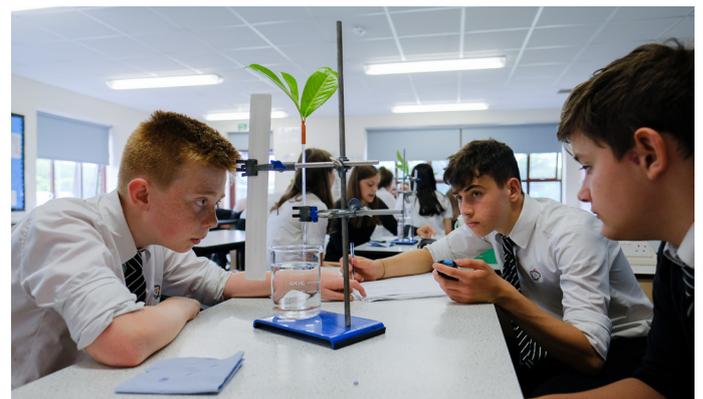
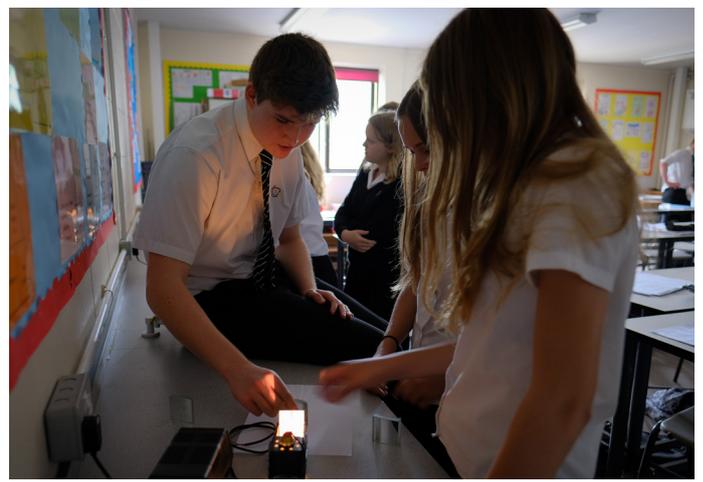
Oliver!



Science snaps



Our thanks to professional photographer and governor, Mr C Grover, for taking some photographs in the school last month. Year 10 students in Biology and Physics show their interest in their work.



Musical moments



Food and farming

A group of Year 8 students attended the annual Food and Farming day at Hollow Trees Farm. The rain held off for the day and the students met a variety of people involved in food, farming and countryside careers. They learnt about careers in agricultural engineering, livestock keeping and heard about apprenticeships.



The students were asked to star in a promotional video for the event. They were super confident in front of the camera.



Sports winners



This year's Sports Awards on 3 July were attended by over 220 parents, carers and students, celebrating our sporting success over the year. The nominations had been displayed in the covered way over the previous ten days and bronze, silver and gold winners were revealed on the night. We welcomed ex-student Xavier Valentine, who recently signed his first professional rugby contract with Championship side London Scottish. He showed us some super videos of him in action and answered some questions about his progress so far. He then helped to give out all of the awards and smiled his way through all of the photos!

A big thank you to Xavier and we wish him well in his debut season with London Scottish. Xavier is pictured with Girls Excellence winners, Upper School Sports Personality Molly Warnes & Lower School Sports Personality of the Year (and brother) Nico Valentine.



The Year 7 Rounders Team came 3rd in the County Finals played at East Bergholt High School.

Sports winners



Left: Our winning House Captains from Owens House Captains on Sports Day
Mia Francis,
Rory Atkins and
Maisie Wyard

Below: Simon Crofts Trophy
1st: Tamsin Holmes
2nd: Josh Stephens
3rd: Abi Last



Super 8 Athletics Teams

Teams of 8 athletes compete in 1 track, 1 field and a team relay to earn points for their team. All four Boys and Girls A Teams won the High Suffolk School Sport Partnership Tournament, progressing to the County Finals.

The B teams also placed very respectably, coming 3rd in 3 year groups and 4th in the other.

Sports round up

Cricket: The Under 14 boys team managed to progress into the quarter-finals of the Suffolk Cup, by virtue of being the best runner-up after the pool matches. Here they defeated Alde Valley and Thomas Mills, losing only to Hartismere.

In the last eight, they were drawn away to Woodbridge School, and certainly faced a daunting task! The game was played in glorious sunshine on a lovely wicket. Debenham lost the toss and bowled first, and despite tight bowling from Gruff and James, the home side reached 120-3 in their allotted 18 overs. Debenham set about their batting with a positive attitude, reaching 60-2 at the halfway stage. Josh Horsup had to retire when he reached 30 not out, and it was left to Freddie and James to try and score the final runs to see us home. Despite a valiant effort, the boys finished 6 runs short at the end.



The Under 15 side defeated Stowmarket and Thurston in their group matches setting up a home quarter-final tie against Hadleigh on Monday 8 July. This will be a repeat of last year's final where we won the County Cup at Under 14 level. Against Stowmarket, Debenham reached 137-4 off 20 overs. Frazer McMyn scoring 23, and tight bowling from the likes of Harry Rogerson and skipper Josh Swinburne, restricted the away side to 90 all out, winning by 47 runs. Against Thurston, tight bowling from the away side restricted us to 79, playing a reduced 12 over game due to the weather. However, tight bowling from all bowlers, in particular Josh, Harry, Gruff, Theo and Riley, saw us win by 10 runs.



Tennis: Both Under 13 and Under 15 boys teams have taken part in the Suffolk Schools tennis championships this term. Both teams have had a really tough draw this year, with the teams made up largely of Year 7 and Year 9 pupils, playing a year up in their respective competitions. This does prepare them well for next year, where I'm sure the experience of playing a year early will help them develop their skills. The Under 13 team of Harry Codd, George Smith, Adam Hurst, Jake Stiff and Joseph Thompson played Hartismere, losing 12-0 (Hartismere went on to finish 2nd overall in Suffolk), and the same result against Framlingham College B (who won the County Final). They played Thomas Mills in their final game, with George winning his singles match.

The Under 15 squad of Josh Stephens, Peter Jardine, Ben Cook, James Wing and Josh Oxborrow lost heavily to County Upper, but then lost two very tight fixtures against Thurston and Hartismere 7-6 on a tie break match. Some excellent tennis, especially from number one seed Josh Stephens.

Sports Day



Sports Day



Sports Day



Photos by Ronnie Irvine, Year 8

Bandstand on the Beach



Students from Debenham High School joined professional musicians as they performed in a concert as part of the acclaimed Aldeburgh Music Festival. Well done to Emmy Cooper, Oliver Dean, Toby Dean, Zoe Hurst, Francesca Muir, Heather Whitehead and Molly Whitehead.

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